

Breakfast Menu

Never work before breakfast; if you have to work before breakfast, eat your breakfast first.

Big Breakfast, two sausages, two bacon, fried, scrambled or poached eggs, grilled or tinned tomato, mushroom, hash browns, sauté or bubble, beans, two toast, tea or coffee. £9.30

Traditional Breakfast, sausage, bacon, fried, scrambled or poached egg, tomato, mushroom, hash browns, sauté or bubble, beans, round of toast, tea or coffee. £8.30

Vegetarian Breakfast (v), Veggie Sausage and bacon, fried, scrambled or poached, hash browns, sauté or bubble, beans, tomato, mushroom, round of toast, tea or coffee. £8.30

Go large - extra sausage and bacon £9.30

BUILD YOUR OWN, EXTRAS AND SIDES:

Black pudding	£1.60	Sausage	£1.10
Fried egg	£0.90	Bacon	£1.10
Scrambled eggs (2 eggs)	£1.80	Fried bread	£0.90
Poached egg	£1.00	Toast and butter	£0.90
Hash brown (2)	£0.80	Bread and butter	£0.70
Heinz baked beans (ve)	£0.90	Marmalade	£1.00
Sauté potato (ve)	£0.80	Jam	£1.00
Mushrooms (ve)	£0.90	Chips	£1.10
Grilled or tinned tomato (ve)	£0.90	Bubble	£1.20

MUFFINS

Eggs benedict

Bacon, poached egg, hollandaise £6.20

Eggs royale

Salmon, poached egg and hollandaise £6.80

Eggs florentine (v)

Spinach, poached egg and hollandaise £5.80

OMLETTES , served with toast

Plain (v) £4.20

Cheese (v) £4.60

Mushroom and cheese (v) £5.00

Cheese and panchetta £5.60

Spanish £6.20

CIABATTA ROLL or SANDWICHES

Bacon £3.40

Bacon and egg £4.20

Sausage £3.40

Sausage and egg £4.20

Bacon, sausage, fried egg. £5.20

Veggie sausage £3.40

Veggie sausage and egg. £4.20

Porridge drizzled with honey. £2.50

Cereal £1.50

With milk or Oat plant based alternative.



COFFEE

Espresso - Single	£1.20
Espresso - Double	£1.60
Macchiato	£1.60
Americano	£1.90
Latte	£2.20
Cappucino	£2.20
Flat white	£2.20
Mocha	£2.40

WOW no cow! All hot drinks are available with Barista Oat drink milk alternative.

Instant Coffee - free with any breakfast	£1.00
Yorkshire tea	£1.50
Herbal tea	£1.50
Hot Chocolate	£2.00
Milk	£1.50
Fruit juice (ve) - Orange or Apple,	£2.00

All items are subject to availability. Dishes may vary. Our menu descriptions do not contain all ingredients, so please ask a member of staff before ordering if concerned about the presence of allergens.

Payment options: We accept debit, credit card or cash payments. We do not accept American Express cards or cheques.

V suitable for vegetarians, Gf gluten free, Ve vegan, † may contain fish bones or shell, ≈ spicy. * All weights are approximate prior to cooking. Metric equivalent 10oz-1lb-454g

The Bonnie Blue Oak
40 Oak Road, Tiptree, Essex, CO5 0NF.
Tel.: 01621 810409 E-mail: contact@thebonnieblueoak.co.uk www.thebonnieblueoak.co.uk

